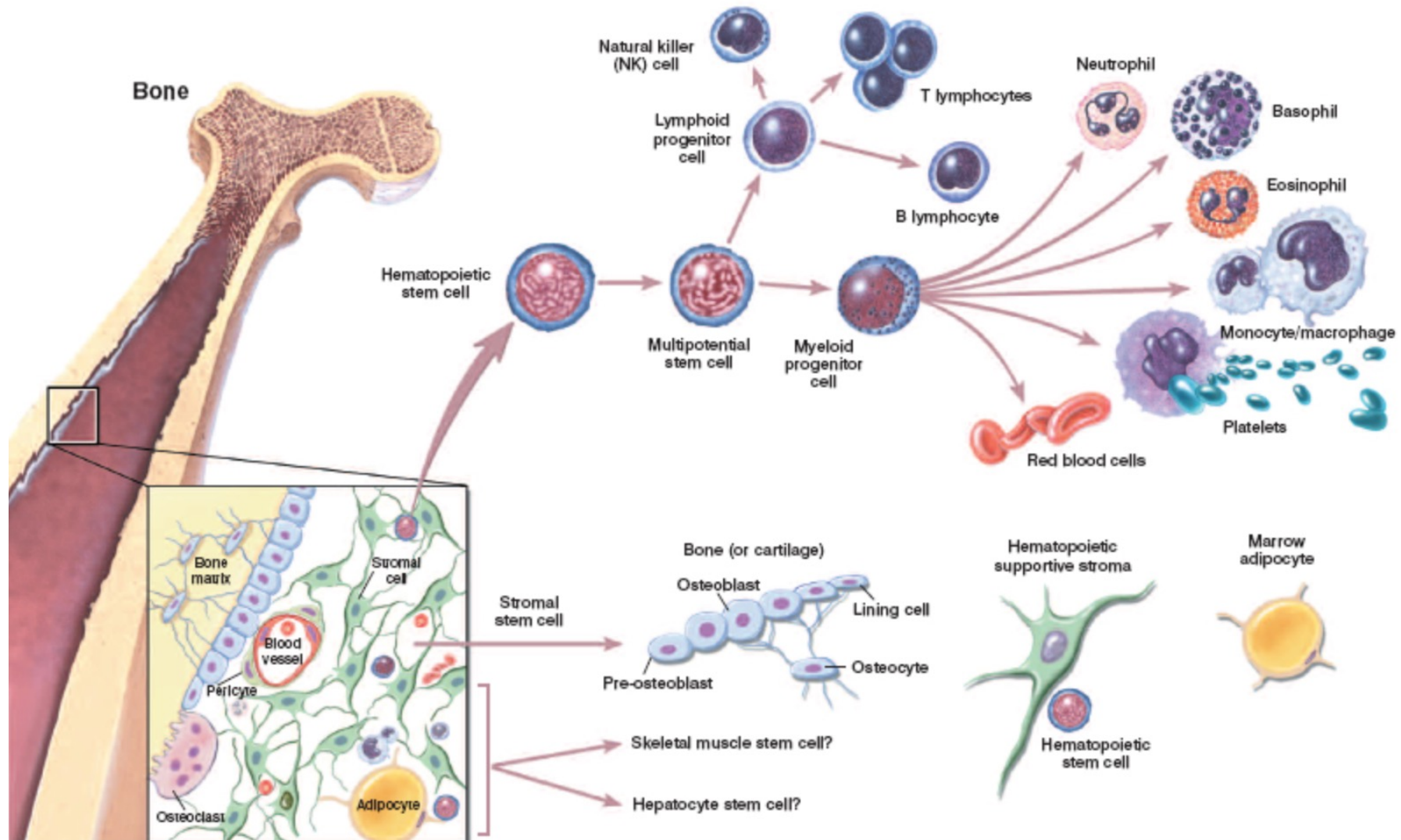


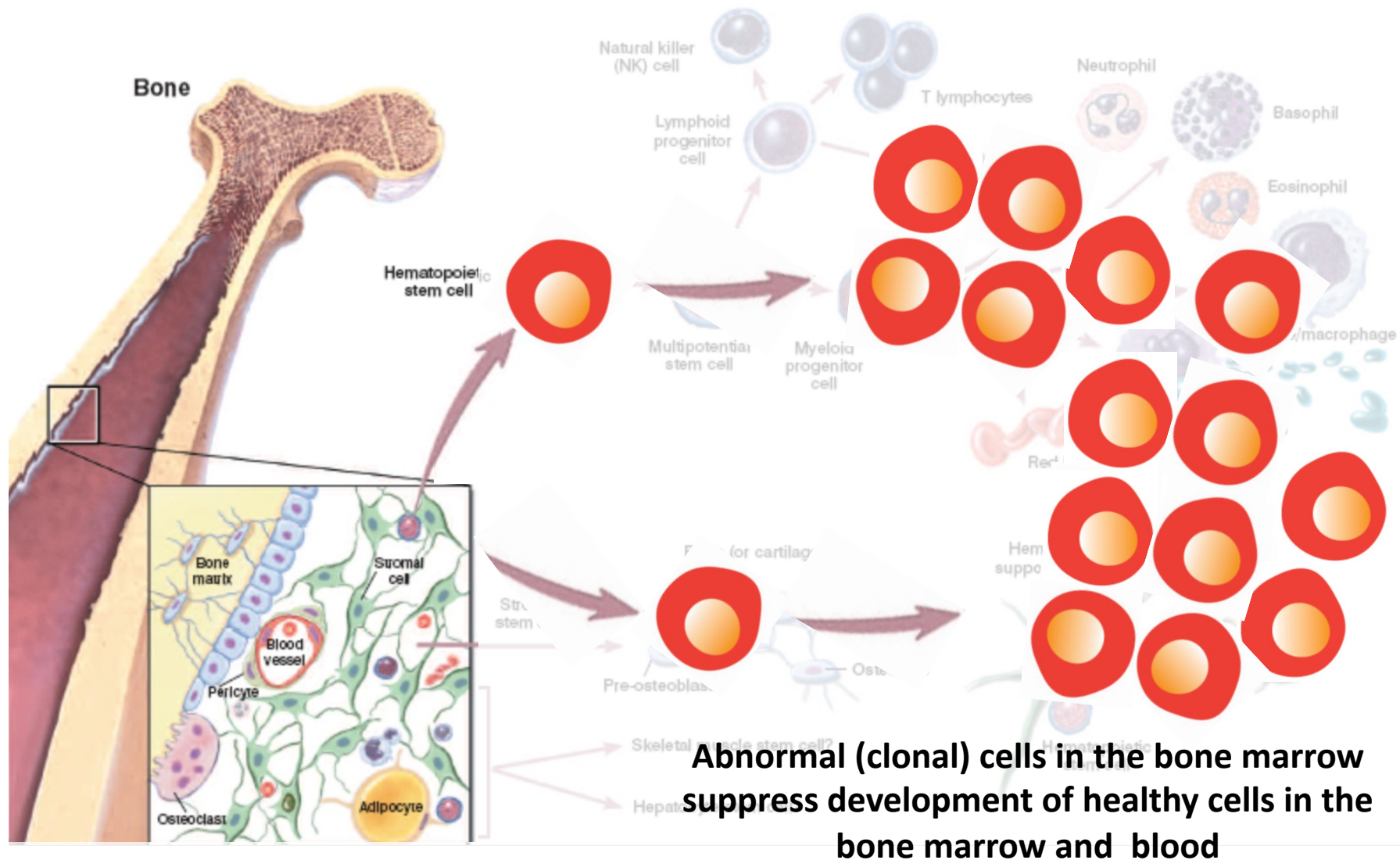
Allogeneic Transplant in MDS

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Normally....



Genetic mutations alter hematopoiesis



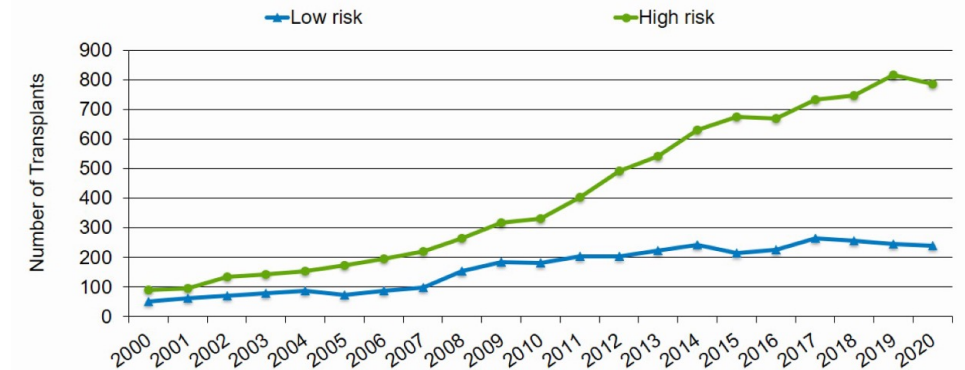
Transplant in MDS

- MDS is a clonal stem cell disorder
 - Curing MDS = permanently eliminating this clone
- Transplant = replacing the recipient's stem cells with new stem cells from a donor (allogeneic transplant/HCT)
- Allogeneic transplant is a potentially curative treatment
- Allogeneic transplant uses:
 - Chemotherapy to suppress recipient immune system and to reduce disease burden in marrow (both variable)
 - Donor's immune system develops in the recipient and helps to keep MDS in remission

Use of Allogeneic HCT in MDS

- SEER Database: 10,000 people/year in the US are diagnosed with MDS:
 - Ages 65-69: 13.9 per 100,000 people
 - Age >85: 64 per 100,000 people
- CIBMTR: ~1,000 MDS patients undergo allogeneic transplant/year
- **Why do only a minority (10%) of MDS patients receive this potentially curative treatment?**

Number of Allogeneic HCTs for Myelodysplastic Syndromes (MDS) by Disease Status in the US



Source:
SEER database
CIBMTR Summary Slides

Two (very) Different People with MDS



Patient #1



Patient #2



Patient #1

- 77-year-old female who lives independently was found on routine bloodwork to have mild, isolated macrocytic anemia (Hgb 10.2g/dl)
- Other medical problems: History of stroke, coronary artery disease with myocardial infarction, high blood pressure, and chronic kidney disease
- Work-up for alternative causes of anemia was negative. Bone marrow biopsy showed mild, single lineage dysplasia with <5% blasts. FISH/cytogenetics are normal.
- Sequencing (NGS) shows mutation in *DNMT3A*
- Revised IPSS score: 1, Category: Very Low
- Expected survival: 8.8 years with low risk of transformation to AML



Patient #2

- 51-year-old female with history of breast cancer six years prior. Treated with surgery/chemo/radiation. No other medical history.
- During follow-up, found to have WBC: 2k, ANC: 800, hemoglobin 8g/dl, and platelet count of 40k
- Bone marrow biopsy showed multilineage dysplasia with 10-15% blasts. Cytogenetics showed complex karyotype
- Sequencing (NGS) shows two mutations in the *TP53* gene
- Revised IPSS score: 9, Category: Very High
- Expected survival: 0.8 years
- Median time for 25% of patients to evolve to AML: 0.7 years

Summary: Two Different People with MDS



Patient #1

MDS risk: Low

Needs Tx: No

#/severity of other medical
problems: High

? Die from MDS: Unlikely

Ability to withstand intensive
treatment: Unlikely



Patient #2

MDS risk: High

Needs Tx: Yes

#/severity of other medical
problems: Low/none

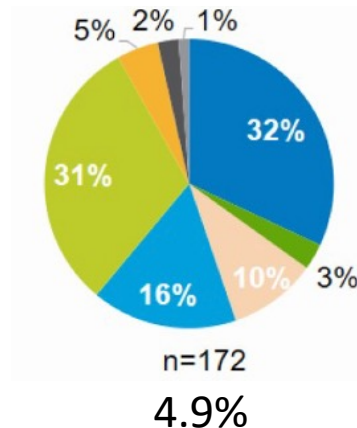
? Die from MDS: Likely

Ability to withstand intensive
treatment: Likely

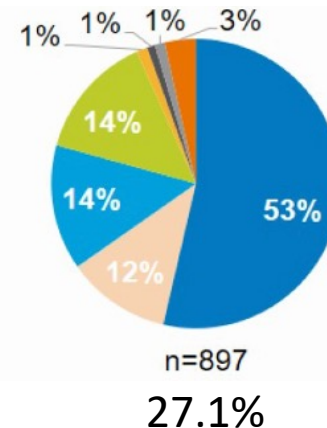
Transplant is not without risk

- Causes of death within 100 days:
 - Primary disease (32%)
 - **Organ failure (31%)**
 - **Infection (16%)**
 - **GVHD (10%)**
- Cause of death between 100 days and 3 years:
 - Primary disease (53%)
 - **Organ failure (14%)**
 - **Infection (14%)**
 - **GVHD (12%)**

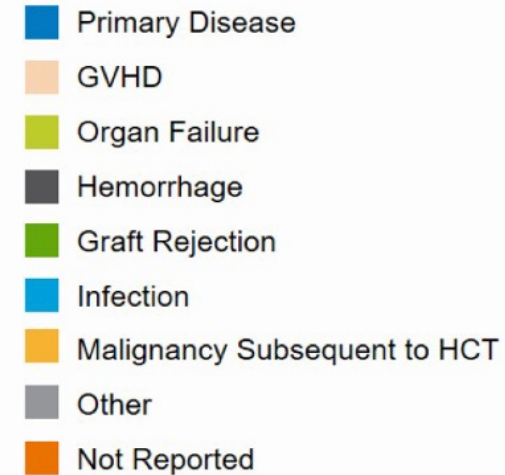
Death within 100 days post-HCT



Death > 100 days post-HCT



Total HCTs: 3,484



*Data reflects 3-year mortality 51

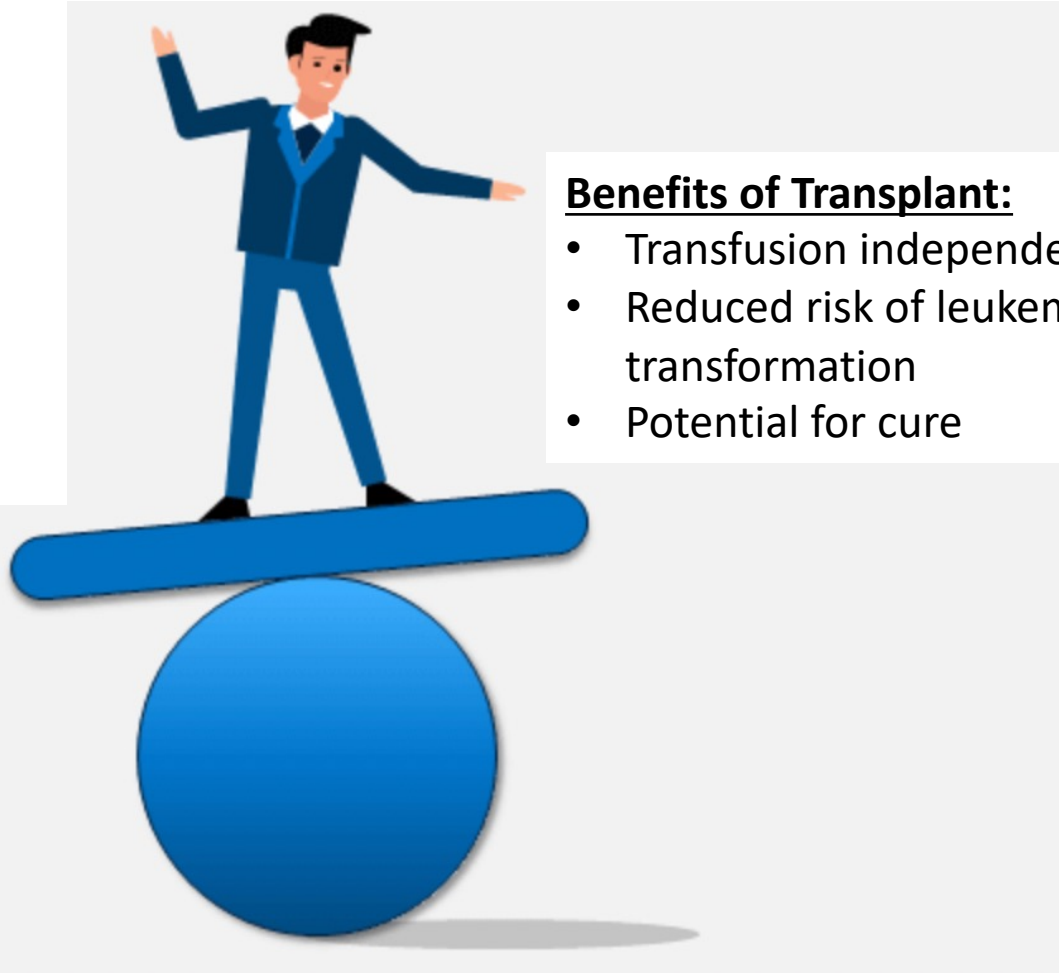
Balancing Curative Therapy vs Risks of Curative Therapy

Risks of Transplant:

- Infection
- Graft vs. Host Disease
- New/worsening organ dysfunction
- Risk of disease relapse
- Reduced quality of life
- Financial toxicity
- Others

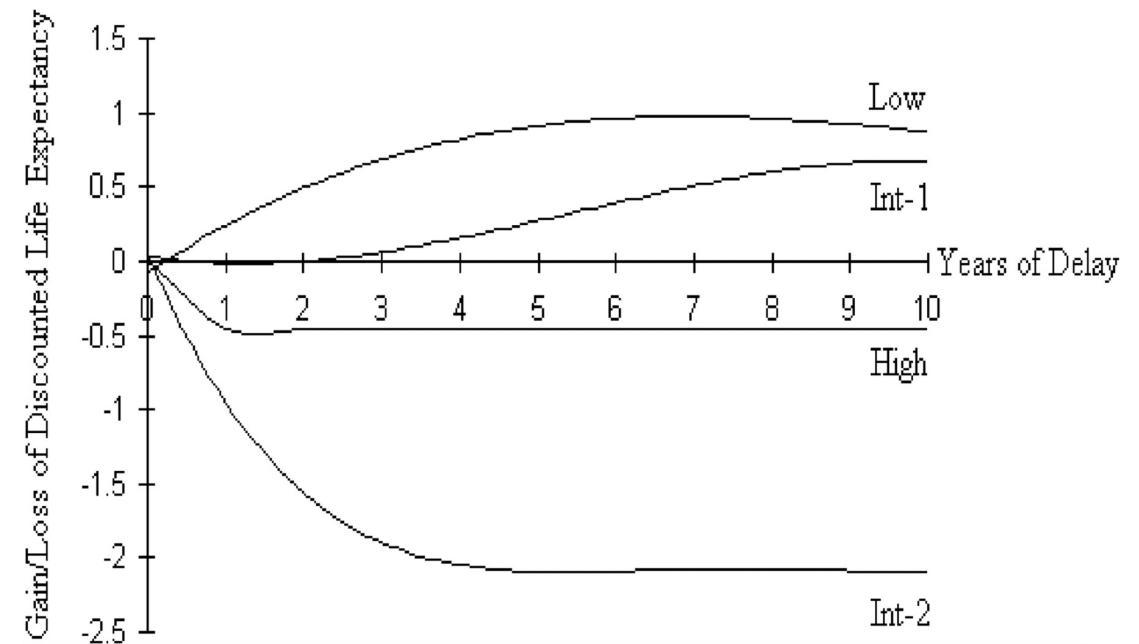
Benefits of Transplant:

- Transfusion independence
- Reduced risk of leukemic transformation
- Potential for cure



Disease Biology (Risk) Drives Timing

- Lessons learned from 2004 still guide practice today.
- Patients with lower risk MDS have a survival advantage when transplant is delayed.
- Patients with higher risk MDS benefit from transplant early in their treatment course.



Cutler C, Blood, 2004

Limitations of this work:

- Median age of the cohort was young (<50 years old)
 - Median age of MDS patients is 70
- Patients received high intensity conditioning chemotherapy
 - Reduced intensity conditioning is used more frequently in elderly patients
- Patients were transplanted from Jan 1990 to Dec 1999
 - Transplant is safer/supportive care now
- IPSS has been replaced by newer, more sophisticated scoring systems
- Treatment for MDS/AML has improved since the 90s

Other Factors That Convey Risk

- Molecular mutations (i.e., *TP53*)
- History of prior chemotherapy, radiation therapy, or occupational exposure (i.e., secondary MDS)
- Failure of front-line therapy (?)

Two (very) Different People with MDS



Patient #1

Disease risk: Low

Molecular Mut: No

Prior chemo/XRT: No

Delay Transplant



Patient #2

Disease risk: Very High

Molecular Mut: *TP53*

Prior chemo/XRT: Yes

Early Transplant

When is it time to prepare for HCT?

- Some examples of disease progression
 - A patient who has been transfusion independent begins to need packed red blood cell (PRBC) or platelet transfusions
 - A patient who needed PRBC transfusions became transfusion independent with treatment. He/she is now needing them again
 - A patient with stable disease has new cytogenetic or NGS abnormalities on a repeat bone marrow biopsy

When is it time to prepare for HCT?

The decision to proceed with allogeneic HCT requires a personalized approach and is based on the disease risk, age and other medical problems, and their beliefs and wishes/desires.

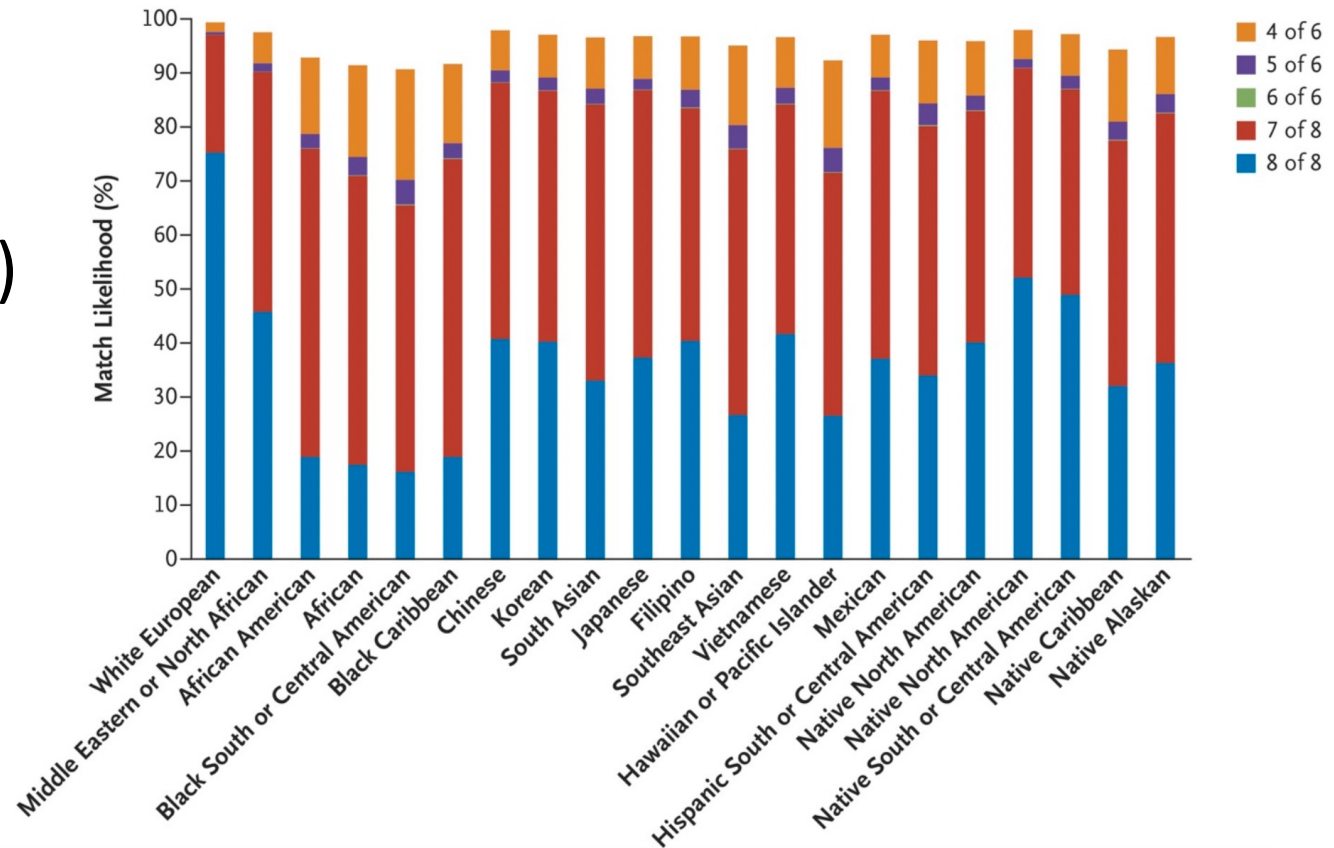
Your physician(s)/APP(s) will help you to weigh the risks and benefits of transplant and make the decision that is right for you or your family member.

A few words about allogeneic HCT

- HLA typing, identifying and evaluating a donor, and collecting the donor's cells can take several weeks
- Human leukocyte antigen (HLA) typing is performed to profile your immune system so that a match can be identified
- Your doctor may prescribe treatment for MDS prior to transplant to:
 - Reduce your disease burden
 - Reduce the risk of developing acute myeloid leukemia
 - Reduce the number of transfusions you receive prior to HCT

Donors

- Full match = 12/12 (MUD/MRD)
- Haploidentical = 6/12
- Siblings have:
 - 1:4 (25%) chance of being a full match (MRD).
 - 2:4 (50%) chance of being a half match (haplo)
 - 1:4 (25%) chance of not matching.
- Children are almost always haploidentical matches



- Likelihood of identifying an unrelated donor depends on racial/ethnic group

Donors (Cont)

- Centers may use umbilical cord blood units or mismatched unrelated donors (mMUD).
 - Use of these graft types/sources are now safer than ever
- Nearly all patients have a donor and can proceed with allogeneic HCT if needed
- If multiple donors are present, many factors go into selecting the best of these options. This is handled by the transplant team

My advice after 7 years of seeing MDS patients undergoing allogeneic HCT

- If you can safely delay transplant – do it!
- Delays prior to transplant are very common – do your best to roll with them!
 - Donor issues, disease, infections, etc
- Setbacks are a normal part of transplant.
- Exercise, eat well/drink well, and enjoy the journey.

Thank you for your attention!

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